

STRAWBERRY SOUP

SERVES 6

1 pint frozen strawberries

1 cup plain yogurt

1/4 cup orange juice

1/4 cup white sugar

1/4 cup water

1/16 teaspoon ground cardamom

6 sprigs of fresh mint

For a delightful twist on savory soups, try a sweet, chilled version that can double as a smoothie. In a blender, combine the strawberries, yogurt, orange juice, sugar, water and cardamom. Puree until mixed well. Chill, garnish with fresh mint and serve.

